Inner chapters chuang tzu pdf

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The Zhuangzi (also known in Wade-Giles romanization as Chuang was, along with the Laozi, one of the earliest texts to contribute to the philosophy that has come to be known as Daojia, or school of the Way. According to traditional dating, Master Zhuang, to whom the first seven chapters of the text
have traditionally been attributed, was an almost exact contemporary of the Confucian thinker Mencius, but we have no record of direct philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical, poetic, narrative, humorous, indirect, and philosophical masterpieces that China has produced. Its style is complex—mythical masterpieces that china has produced in the philosophical masterpieces that china has produced in the philosophical
and polysemic. Much of the text espouses a holistic philosophy of life, encouraging disengagement from the artificialities of socialization, and cultivation of our natural "ancestral" potencies and skills, in order to live a simple and natural, but full and flourishing life. It is critical of our ordinary categorizations and evaluations, noting the multiplicity of
different modes of understanding between different creatures, and philosophical schools, and the lack of an independent means of making a comparative evaluation. It advocates a mode of understanding that is not committed to a fixed system, but is fluid and flexible, and that maintains a provisional, pragmatic attitude towards the
applicability of these categories and evaluations. The Zhuangzi text is an anthology, in which several distinctive strands of Daoist thought can be recognized. The Jin dynasty thinker and commentator, Guo Xiang (Kuo Hsiang, d. 312 CE), edited and arranged an early collection, and reduced what had been a work in fifty-two chapters down to thirty-
three chapters, excising material that he considered to be repetitious or spurious. The versions of Daoist philosophies in China. Table of Contents 1. Historical Background According to the Han dynasty historian, Sima Qian,
Zhuangzi was born during the Warring States (403-221 BCE), more than a century after the death of Confucius. During this time, the ostensibly ruling house of Zhou had lost its authority, and there was increasing violence between states contending for imperial power. This situation gave birth to the phenomenon known as the baijia, the hundred
schools: the flourishing of many schools of thought, each articulating its own conception of a return to a state of harmony. The first and most significant of these schools was that of Confucius, who became the chief representative of the Ruists (Confucians), the schools of thought, each articulating its own conception of a return to a state of harmony. The first and most significant of these schools was that of Confucians), the schools was that of Confucians and propagators of the Ruists (Confucians), the schools was that of Confucians and propagators of the Ruists (Confucians).
the Mohists, the followers of Mozi ("Master Mo"), who were critical of what they perceived to be the elitism and extravagance of the traditional culture. The archaeological discovery at Guo Dian in 1993 of an early Laozi manuscript suggests that the philosophical movement associated with the text also began to emerge during this period. The strands
of Daoist philosophy expressed in the earliest strata of the Zhuangzi developed within a context infused with the ideas of these three schools. Master Zhuang is usually taken to be the author of the first seven chapters, but in recent years a few scholars have found reason to be skeptical not just of his authorship of any of the text, but also of his very
existence. According to early evidence compiled by Sima Qian, Zhuangzi was born in a village called Meng, in the state of Chen which, as Wang Guowei points out, had become a territory of the southern state of Chu.
We might say that Zhuangzi was situated in the borderlands between Chu, centered around the Yangzi River, and the central plains—which centered around the Yellow River and which were the home of the Daoist texts
and the culture of Chu. The diversity of regions and cultures in early China has increasingly been acknowledged, and most interest has been directed to the state of Chu, in large part because of the wealth of archaeological evidence that is being unearthed there. As one develops a sensitivity for the culture of Chu, one senses deep resonances with the
aesthetic sensibility of the Daoists, and with Zhuangzi's style in particular. The silks and bronzes of Chu, for example, are rich and vibrant; the patterns and images on fabrics and pottery are fanciful and naturalistic. However, while the evidence is persuasive, it is far from decisive. If the traditional dating is reliable, then Zhuangzi would have been an
almost exact contemporary of the Ruist thinker Mencius, though there is no clear evidence of communication between them. There are a few remarks in the Zhuangzi that could possibly be alluding to Mencius' philosophy, but there is nothing in the Mencius that shows any interest in Zhuangzi. The philosopher and statesman Hui Shi, or Huizi
("Master Hui," 380-305 BCE), is represented as a close friend of Zhuangzi, though decidedly unconvinced by his philosophical musings. There appears to have been a friendly rivalry between the broad and mythic-minded Zhuangzi and the politically motivated Huizi, who is critiqued in the text as a shortsighted paradox-monger. Despite their very
deep philosophical distance, and Huizi's perceived limitations, Zhuangzi expresses great appreciation both for his linguistic abilities and for his friendship. The other "logician," Gongsun Longzi, would also have been a contemporary of Zhuangzi, and although Zhuangzi does not, unfortunately, engage in any direct philosophical discussion with him,
one does find what appears to be an occasional wink in his direction. 2. The Zhuangzi Text The currently extant text known as the Zhuangzi is the result of the editing and arrangement of the Jin dynasty thinker and commentator Guo Xiang (Kuo Hsiang, d. 312 CE). He reduced what was then a work in fifty-two chapters to the current edition of thirty-
three chapters, excising material that he considered to be spurious. His commentary on the text provides an interpretation that has been one of the most influential over the subsequent centuries. Guo Xiang's thirty-three chapters (Waipian),
and the Miscellaneous Chapters (Zapian). The Inner Chapters are the first seven chapters and because of the miscellaneous nature of the editing, some scholars (McCraw, Klein) express skepticism that we can be sure which were the
earliest passages or who they were written by. The Outer Chapters are chapters at 22, and the Miscellaneous Chapters are chapters at 23 to 33. The Outer and Miscellaneous Chapters are chapters at 22, and the Miscellaneous Chapters are chapters at 23 to 33. The Outer and Miscellaneous Chapters are chapters at 24 to 35.
philosophical school. Kuan Feng made some scholarly breakthroughs early in the twentieth century; A. C. Graham continued his classification in the tradition of Kuan Feng. Harold Roth has also taken up a consideration of this issue and come up with some very interesting results. What follows is a simplified version of the results of the research of Liu
Xiaogan. According to Liu, chapters 17 to 27 and 32 can be considered to be the work of a school of Zhuangzi's followers, what he calls the Shu Zhuang Pai, or the "Transmitter" school. Graham, following Kuan Feng, considers chapters 22 to 27 and 32 not to be coherent chapters, but merely random "ragbag" collections of fragments. In fact, this
miscellaneous character is character is characteristic of many, if not most, of the rest of the chapters as a whole. Liu considers chapters 8 to 10, chapters as a whole. Liu considers chapters as a whole. Liu considers chapters as a whole. Liu considers chapters 8 to 10, chapters as a whole. Liu considers chapters as a whole who chapter as a who
Kuan Feng, sees these as two separate but related schools: the first he attributes to a writer he calls the "Primitivist," the second he considers to be a school of followers of Yang Zhu. Liu classifies chapter 33, and the first part of chapter 11 as belonging to the Han dynasty school known as Huang-Lao. Graham refers to them as the
Syncretist chapters. Graham finds the classification of chapter 16 to be problematic. Chapter 30 does not seem to have any distinctively Daoist content at all. Though Graham thinks that it is consistent with the Yangist emphasis on preserving life, it is also consistent with Confucian and Mohist critiques of aggression. In the following chart the further
to the right the chapters are listed, the further away they are from the central ideas of the Zhuangzian philosophy of the Inner Chapters School of Zhuang Anarchist Utopianism Huang-Lao Syncretism 1. Wandering Beyond 17. Autumn Floods 8. Webbed Toes 11. Let it Be, Leave it Alone 2. Discussion on Smoothing Things Out 18.
Utmost Happiness 9. Horse's Hooves 12. Heaven and Earth 3. The Principle of Nurturing Life 10. Rifling Trunks 13. The Way of Heaven 5. Signs of Abundant Potency 21. Tian Zi Fang 15. Constrained in Will 6. The Vast Ancestral
Teacher 22. Knowledge Wandered North (16?. Mending the Inborn Nature) (16?. Mending the Inborn Nature) 7. Responding to Emperors and Kings 23. Geng Sang Chu 24. Xu Wugui 28. Yielding the Throne 33. The World 25. Ze Yang 29. Robber Zhi 26. External Things (30. Discoursing on Swords?) 27. Imputed Words 31. The Old Fisherman 32. Lie
Yukou 3. Central Concepts in the "Inner Chapters" The following is an account of the central ideas of Zhuangzian philosophy, going successively through each of the particular chapters. This discussion is not confined to the central ideas of Zhuangzian philosophy, going successively through each of the particular chapters. This discussion is not confined to the central ideas of Zhuangzian philosophy, going successively through each of the seven Inner Chapters.
the Inner Chapters, and also between these ideas and those expressed in the Outer and Miscellaneous Chapters, where these appear to be related. References to "Zhuangzi" below should not be taken as referring to a historical person, but rather as shorthand for the overall philosophy as articulated in the text of the Inner Chapters and related
passages. a. Chapter 1: Xiao Yao You (Wandering Beyond) The title of the first chapter of the Zhuangzi has also been translated as "Free and Easy Wandering" and "Going Rambling Without a Destination." Both of these reflect the sense of the Daoist who is in spontaneous accord with the natural world, and who has retreated from the anxieties and
dangers of social life, in order to live a healthy and peaceful natural life. In modern Mandarin, the word xiaoyao has thus come to mean "free, at ease, leisurely, spontaneous." It conveys the impression of people who have given up the hustle and bustle of worldly existence and have retired to live a leisurely life outside the city, perhaps in the natural
setting of the mountains. But this everyday expression is lacking a deeper significance that is expressed in the classical Chinese phrase: the sense of distance, or going beyond, and here implies going beyond the boundaries of
familiarity. We ordinarily confine ourselves within our social roles, expectations, and with our everyday understandings of things. But this, according to Zhuangzi, is inadequate for a deeper appreciation of the natures of things. But this, according to Zhuangzi, is inadequate for a deeper appreciation of the natures of things.
prevent us from seeing things and events in new ways; we need to see how we can structure and restructure the boundaries of the familiar. It is only by freeing our imaginations to reconceive ourselves, and our worlds, and the things with which we interact,
that we may begin to understand the deeper tendencies of the natural transformations by which we are all affected, and of which we are all constituted. By loosening the bonds of our fixed preconceptions, we bring ourselves closer to an attunement to the potent and productive natural way (dao) of things. Paying close attention to the textual
associations, we see that wandering is associated with the word wu, ordinarily translated 'nothing,' or 'without.' Related associations include: wuyou (no 'something') and wuwei (no interference). Roger Ames and David Hall have commented extensively on these wu expressions. Most importantly, they are not to be understood as simple negations, but
have a much more complex function. The significance of all of these expressions must be traced back to the wu of Laozi: a type of negation that allows them to manifest, one that acknowledges the space that is the possibility of their coming to
presence, one that appreciates the emptiness that is the condition of the possibility of their capacity to function, to be useful (as the hollow inside a house makes it useful for living). The behavior of one who wanders beyond becomes wuwei: sensitive and responsive without fixed preconceptions, without artifice, responding spontaneously in
accordance with the unfolding of the inter-developing factors of the environment of which one is an inseparable part. But it is not just the crossing of horizontal boundaries that is at stake. There is also the vertical distance that is important crucial
significance. Thus arises the distinction between the great and the small, or the Vast (da) and the petty (xiao). Of this distinction Zhuangzi says that the petty cannot come up to the Vast understanding that remains confined and defined by its limitations cannot match Vast understanding that remains confined and defined by its limitations.
while it is true that the Vast loses sight of distinctions noticed by the petty, it does not follow that they are thereby equalized, as Guo Xiang suggests. For the Vast still embraces the petty in virtue of its smallness, is not able to reciprocate. Now, the Vast that goes beyond our everyday distinctions also
thereby appears to be useless. A soaring imagination may be wild and wonderful, but it is extremely impractical and often altogether useless. Indeed, Huizi, Zhuangzi's friend and philosophical foil, chides him for this very reason. But Zhuangzi expresses disappointment in him: for his inability to sense the use of this kind of uselessness is a kind of
blindness of the spirit. The useless has use, only not as seen on the ordinary level of practical affairs. It has a use in the cultivation and nurturing of the 'shen' (spirit), in protecting the ancestral and preserving one's life, so that one can last out one's natural years and live a flourishing life. Now, this notion of a flourishing life is not to be confused with
a 'successful' life: Zhuangzi is not impressed by worldly success. A flourishing life may indeed look quite unappealing from a traditional point of view. One may give up social ambition and retire in relative poverty to tend to one's shen and cultivate one's shen and cultivate one's xing (nature, or life potency). To summarize: When we wander beyond, we leave behind
everything we find familiar, and explore the world in all its unfamiliarity. We drop the tools that we have been taught to use to tame the environment, and we allow it to teach us without fixed articulations. b. Chapter 2: Qi Wu Lun (Discussion on Smoothing
Things Out) If the Inner Chapters form the core of the Zhuangzi collection, then the Qi Wu Lun may be thought of as forming the core of the Inner Chapters of the Inner Chapters form the core of the Zhuangzi, with allusions and allegories, highly condensed arguments, and baffling metaphors juxtaposed without
explanation. It appears to be concerned with the deepest and most 'abstract' understanding of ourselves, our lives, our world, our language and judgment, and are filled with paradox, sometimes even contradiction. But the contradictions are not easy to dismiss:
their context indicates that they have a deep significance. In part, they appear to attempt to express an understanding itself, about the limits of understanding about the limits of understanding itself, about the limits of understanding it
paraphrase them so as to remove the direct contradictions is to insert references to points of view. Those translators, such as A. C. Graham, who do this are following the interpretation of the Jin dynasty commentator Guo
Xiang, who presents the philosophy as a form of relativism: apparently opposing judgments can harmonized when it is recognized that they are made from different perspectives. According to Guo Xiang's interpretation, each thing has its own place, its own place that they are made from different perspectives. According to Guo Xiang's interpretation, each thing has its own place, it
nothing should be judged by values appropriate to the natures of other things. According to Guo Xiang, the vast and the small are equal in significance: this is his interpretation of the word "qi" in the title, "equalization of all viewpoints". Now, such a radical relativism may have the goal of issuing a fundamental challenge to the status quo, arguing
that the established values have no more validity than any of the minority values, no matter how shocking they may seem to us. In this way, its effect would be one of destabilization of the social structure. Here, however, we see another of the possible consequences of such a position: its inherent conservativeness. Guo Xiang's purpose in asserting this
radical uniqueness and necessity of each position is conservative in this way. Indeed, it appears to be articulated precisely in response to those who oppose the traditional Ruist values of humanity and rightness (ren and yi) by claiming to have a superior mystical ground from which to judge them to be lacking. Guo Xiang's aim in asserting the equality
of every thing, every position, and every function, is to encourage each thing, and each person, to accept its own place in the hierarchical system, to acknowledge its value in the functioning of the whole. In this way, radical relativism actually forestalls the possibility of radical critique altogether! According to this reading, the Vast perspective of the
giant Peng bird is no better than the petty perspectives of the little birds who laugh at it. And indeed, Guo Xiang, draws precisely this conclusion. But there is a problem with taking this reading too seriously, and it is the kind of problem that plagues all forms of radical relativism when one attempts to follow them through consistently. Simply put,
Zhuangzi would have to acknowledge that his own position is no better than those he appears to critique. He would have to acknowledge that his Daoist philosophy, indeed even this articulation of relativism, is no improvement over Confucianism after all, and that it is no less short-sighted than the logic-chopping of the Mohists. This, however, is a
consequence that Zhuangzi does not recognize. This is surely an indication that the radical relativistic interpretation is clearly a misreading. Recently, some western interpreters (Lisa Raphals and Paul Kjellberg, for example) have focused their attention on aspects of the text that express affinities with the Hellenistic philosophy of Skepticism. Now, it
is important not to confuse this with what in modern philosophy is thought of as a doctrine of skepticism, the most common form of which is the claim to know—that is, because we can never know anything with absolute
certainty. This is not quite the claim of the ancient Skeptics. Arguing from a position of fallibilism, these latter feel that we ought never to make any final judgments that go beyond the immediate evidence, or the immediate evidence, or the immediate evidence, or the immediate appearances. We should simply accept what appears at face value and have no further beliefs about its ultimate consequences,
or its ultimate value. In particular, we should refrain from making judgments about whether it is good or bad for us. We bracket (epoche) these ultimate judgments. When we see that such things are beyond our ability to know with certainty, we will learn to let go of our anxieties and accept the things that happen to us with equanimity. Such a state of
emotional tranquility they call 'ataraxia.' Now, the resonances with Zhuangzi's philosophy are clear. Zhuangzi also accepts a form of fallibilism. While he does not refrain from making judgments, he nevertheless acknowledges that we cannot be certain that what we think of as good for us may not ultimately be bad for us, or that what we now think of
as something terrible to be feared (death, for example) might not be an extraordinarily blissful awakening and a release from the toils and miseries of worldly life. When we accept this, we refrain from dividing things into the acceptable and the unacceptable; we learn to accept the changes of things in all their aspects with equanimity. In the Skeptical
reading, the textual contradictions are also resolved by appealing to different perspectives from which different judgments appear to be true. Once one has learnt how to shift easily between the perspectives from which such different judgments appear to be true.
and one no longer feels compelled to choose between them. There is, however, another way to resolve these contradictions, one that involves recognizing the importance of continuous transformation between contrasting phenomena and even between opposites. In the tradition of Laozi's cosmology, Zhuangzi's worldview is also one of seasonal
transformations of opposites. The world is seen as a giant clod (da kuai) around which the heavens (tian) revolve about a polar axis (daoshu). All transformations have such an axis, and the aim of the sage is to settle into this axis, so that one may observe the changes without being buffeted around by them. Now, the theme of opposites is taken up by
the Mohists, in their later Mohist Canon, but with a very different understanding. The later Mohists present a detailed analysis of judgments as requiring bivalence: that is judgments may be acceptable (ke) (also, 'affirmed' shi) or unacceptable (buke) (also 'rejected'fei); they must be one or the other and they cannot be both. There must always be a
clear distinction between the two. It is to this claim, I believe, that Zhuangzi is directly responding. Rejecting also the Mohists believe that social harmony
can only be achieved when we have clarity of distinctions, especially of evaluative distinctions: true/false, good/bad, beneficial/harmful. Zhuangzi's position is that this kind of sharp and rigid thinking can result ultimately only in harming our natural tendencies (xing), which are themselves neither sharp nor rigid. If we, on the contrary, learn to nurture
those aspects of our heart-minds (xin), our natural tendencies (xing), that are in tune with the natural (tian) and ancestral (zong) within us, then we will be able to ride the transformations of the cosmos free from harm. That is, we will be able to sense and respond to what can only be
vaguely expressed without forcing it into gross and unwieldy verbal expressions. We are then able to recognize the paradoxes of transformation. Put another way, our knowledge and understanding (zhi, tong, da) are not just what we can explicitly see before us and verbalize: in
modern terms, they are not just what is 'consciously,' 'conceptually,' or 'linguistically' available to us. Zhuangzi also insists on a level of understanding that goes beyond such relatively crude modes of knowing, not evident or obviously present, modes that allow us to live, breathe,
move, understand, connect with others without words, read our environments through subtle signs; these modes of knowing also give us tremendous skill in coping with others and with our environments. These modes of knowing also give us tremendous skill in coping with others and with our environments. These modes of knowing, when we
attempt to express it in words, becomes paradoxical and appears contradictory. It seems that bivalent distinctions leave out too much on either side of the divide: they are too crude a tool to cope with the subtlety and complexity of our non-conceptual modes of knowing. Zhuangzi, following a traditional folk psychology of his time, calls this capacity
shenming: "spirit insight." When we nurture that deepest and most natural, most ancestral part of our pysches, through psycho-physical meditative practices, we at the same time nurture these non-cognitive modes of understanding, embodied wisdoms, that enable us to deal successfully with our circumstances. It is then that we are able to cope
enable one to live skillfully and last out one's natural years (zhong qi tian nian). There is a 'potency' within oneself that is a source of longevity, an ancestral place from which the phenomena of one's life continue to arise. This place is to be protected (bao), kept whole (quan), nurtured and cultivated (yang). The result is a sagely and skillful life. We
must be careful how we understand this word, 'skill.' Zhuangzi takes pains to point out that it is no mere technique. A technique is a procedure that may be mastered, but the skill of the sage goes beyond this. One might say that it has become an 'art,' a dao. With Zhuangzi's conception, any physical activity, whether butchering a carcass, making
wooden wheels, or carving beautiful ceremonial bell stands, becomes a dao when it is performed in a spiritual state of heightened awareness ('attenuation' xu). Zhuangzi sees civic involvement as particularly inimical to the preservation and cultivation of one's natural life. In order to cultivate one's natural potencies, one must retreat from social life,
or at least one must retreat from the highly complex and artificially structured social life of the city. One undergoes a psycho-physical training in which one's sensory and physical capacities become honed to an extraordinary degree, indicating one's attunement with the transformations of nature, and thus highly responsive to the tendencies (xing) of
all things, people, and processes. The mastery achieved is demonstrated (both metaphor representing the mastery of the life of the sage, and so it is also a sign of sagehood (though not all those who are skillful are to be reckoned as sages). Thus, we see
many examples of individuals who have achieved extraordinary levels of excellence in their achievements—practical, and spiritual. Butcher Ding provides an example of skill in controlling the very forces responsible for life themselves. Chapter 19,
Mastering Life, is replete with examples: a cicada catcher, a ferryman, a carpenter, aswimmer, and Woodcarver Qing, whose aesthetic skill reaches 'magical' heights. d. Chapter 4: Ren Jian Shi (The Realm of Human Interactions) In this chapter, Zhuangzi continues the theme broached in the last chapter, but now takes on the problem of how to
maintain and preserve one's life and last out one's years while living in the social corruption. The Daoists, especially the authors of the anarchistic utopian chapters, are highly critical of the artificiality required to create and sustain complex social
structures. The Daoists are skeptical of the ability of deliberate planning to deal with the complexities of the world within which our social structures have their place. Even the developments of the world within which our social structures have their place. Even the developments of the world within which our social structures have their place.
control and curtail these natural meanderings, the more complicated and unwieldy the social structures become. According to the Daoists, no matter how complex we make our structures, they will never be fully able to cope with the fluid flexibility of natural changes. The Daoists perceive the unfolding of the transformations of nature as exhibiting a
kind of natural intelligence, a wisdom that cannot be matched by deliberate artificial thinking, thinking that can be articulated in words. The result is that phenomena guided by such artificial structures quickly lose their course, and have to be constantly regulated, re-calibrated. This need gives rise to the development and articulation of the artificial
concepts of ren and yi for the Ruists, and shi and fei for the Mohists. The Ruists emphasize the importance of cultivating the values of ren 'humanity' and yi 'appropriateness/rightness.' The Mohists identify a bivalent structure of preference and evaluation, shifei. Our judgments can be positive or negative, and these arise out of our acceptance and
rejection of things or of judgments, and these in turn arise out of our emotional responses to the phenomena of benefit and harm, that is, pleasure and pain. Thus, we set up one of two types of systems: the intuitive renyi morality of the Ruists, or the articulated structured shife of the Mohists. Zhuangzi sees both of these as dangerous. Neither can
keep up with the complex transformations of things and so both will result in harm to our shen and xing. They lead to the desire of rulers to increase their personal profit, their pleasure, and their power, and to do so at the expense of others. The best thing is to steer clear of such situations. But there are times when one cannot do so: there is nothing
one can do to avoid involvement in a social undertaking. There are also times—if one has a Ruist sensibility—when one will be moved to do what one can and must in order to improve the social situation. Zhuangzi makes up a story about Confucius' most beloved and most virtuous follower, Yen Hui, who feels called to help 'rectify' the King of a state
known for his selfishness and brutality. Zhuangzi thinks that such a motivation, while admirable, is ultimately misguided. There is little to nothing one can do to change things, and of how they transform and develop. Be on the
lookout for the 'triggers': the critical junctures at which a situation can explode out of hand. In the presence of danger, do not confront it: always dance to one side, redirect the momentum of the situation. One must treat all
dangerous social undertakings as a Daoist adept: one must perform xinzhai, fasting of the heart-mind. This is a psycho-physical discipline of attenuation, in which one nurtures one's emotions in check, so that one may achieve a heightened sensitivity to the tendencies of
things. One then responds with the skill of a sage to the dangerous moods and intentions of one's worldly ruler. e. Chapter 5: De Chong Fu (Signs of the Flourishing of Potency) This chapter is populated with a collection of characters with bodily eccentricities: criminals with amputated feet, people born with 'ugly' deformities, hunchbacks with no lips.
Perhaps some of these are moralistic advisors, like those of chapter 4, who were unsuccessful in bringing virtue and harmony to a corrupt state, and instead received the harsh punishment of their offended ruler. But it is also possible that some were born with these physical 'deformities.' As the Commander of the Right says in chapter 3, "When tian
(nature) gave me life, it saw to it that I would be one footed." These then are people whose natural capacity (de) has been twisted somehow, redirected, so that it gives them a potency (de) that is beyond the normal human range. At any rate, this out of the ordinary appearance, this extraordinary physical form, is a sign of something deeper: a potency
and a power (de) that connects them more closely to the ancestral source. These are the sages that Zhuangzi admires: those whose virtue (de) is beyond the ordinary, and whose signs of virtue indicate that they have gone beyond. But what goes beyond is also the source of life. To hold fast to that which is beyond both living and dying, is perhaps also
to hold fast to something more primordial that is beyond human and inhuman. To identify with and nurture this source is to nurture that which is at the root of our humanity. If so, then one does not necessarily become inhuman. Indeed, one might argue that this creates the possibility of deepening one's most genuine humanity, insofar as this is a
deeper nature still. f. Chapter 6: Da Zong Shi (The Vast Ancestral Teacher) The first part of this chapter is devoted to a discussion of the zhenren: the "genuine person," or "genuine humanity," (or in older translations, "True Man"). It begins by asking about the relation between tian and ren, the natural/heaven and the human, and suggests that the
greatest wisdom lies in the ability to understand both. Thus, to be forced to choose between being natural or being human its a mistake. A genuinely flourishing human life cannot be separated from the natural, but nor can it on that account deny its own humanity. Genuine humanity is natural humanity. There are several sections devoted to explicating
this genuine humanity. We find that the genuinely human person, the zhen ren, is in tune with the cycles of nature, and with the cycles of yin yang, and
is not disturbed or harmed by them. In fact, the zhenren is not harmed by them either in what appears to us to be their negative phases, nor are their most extreme phases able to upset the balance of the zhenren. This is sometimes expressed with what I take to be the hyperbole that the sage or zhenren can never be drowned by the ocean, nor burned
by fire. In the second part of the chapter, Zhuangzi hints at the process by which we are to cultivate our genuine and natural humanity. These are meditative practices and psycho-physical disciplines—"yogas" perhaps—by which we learn how to nourish the ancestral root of life that is within us. We learn how to identify with that center which
functions as an axis of stability around which the cycles of emotional turbulence flow. By maintaining ourselves as a shifting and responding center of gravity we are able to maintain an equanimity without giving up our feelings altogether. We enjoy riding the dragon without being thrown around by it. Ordinarily, we are buffeted around like flotsam in
a storm, and yet, by holding fast to our ancestral nature, and by following the nature of the environment—by "matching nature with nature"—we free ourselves from the mercy of random circumstances. In this chapter we see a mature development of the ideas of life and death broached in the first three chapters. Zhuangzi continues musing on the
significance of our existential predicament as being inextricably tied into interweaving cycles of darkness and light, sadness and joy, living and dying. In chapter two, it was the predicament itself that Zhuangzi described, and he tried to focus on the inseparability and indistinguishability of the two aspects of this single process of transformation. In
this chapter, Zhuangzi tries to delve deeper to reach the center of balance, the 'axis of the way,' that allows one to undergo these changes with tranquil appreciation of the richness, beauty, and "inevitability" of whatever experiences we eventually
will undergo. Again, not that we must experience whatever is 'fated' for us, or that we ought not to minimize harm and suffering where we can do so, but only that we have to deal with. There are mystical practices hinted at that enable
the sage to identify with the datong, the greater flow, not with the particular emotions, or this particular body, but with what lies within (and below and above) as their ancestral root. These meditative and yogic practices are hinted at in this chapter, and also in chapter 7, but nothing in the text reveals what they are. It is
not unreasonable to believe that similar techniques have been handed down by the practitioners of religious Daoism. It is clear, nonetheless, that part of the change is a change in self-understanding, self-identification. We somehow learn to expand, to wander beyond, our boundaries until they include the entire cosmic process. This entire process is
seen as like a potter's wheel, and simultaneously as a whetstone and as a grindstone, on which things are formed, and arise, sharpened, and are ground back down only to be made into new forms. With each 'birth' (sheng) some 'thing' (wu) new arises, flourishes, develops through its natural (tian) tendencies (xing), and then still following its natural
tendencies, responding to those of its natural environment, it winds down: enters (ru) back into the undifferentiated (wu) from which it emerged (chu). The truest friendship arises when members of a community identify with this unknown undifferentiated process in which they are embedded, "forgotten" differences between self and other, and
spontaneously follows the natural developments of which they are inseparable "parts." g. Chapter 7: Ying Di Wang (Responding to Emperors and Kings) The last of the Inner Chapters 4, 3, 5, and 6: that of withdrawing from society. This 'withdrawal' has two
functions: the first is to preserve one's 'life'; the second is to allow society to function naturally, and thus to bring itself to a harmonious completion. Rather than interfering with social interactions, one should allow them to follow their natural course, which, Zhuangzi believes, will be both imaginative and harmonious. These themes resonate with
those of the Anarchist chapters in the Outer (and Miscellaneous) chapters: 8 to 11a and 28 to 32. These encourage a life closer to nature in which one lets go of deliberate control and instead learns how to sense the tendencies of things, allowing them to manifest and flourish, while also adding one's weight to redirect their momentum away from
harm and danger. Or, if harm and danger are unavoidable, then one learns how to minimize them, and how to accept whatever one does have to suffer with equanimity. 4. Key Interpreters of Zhuangzi's philosophy are of course his followers, whose commentaries and interpretations have been preserved in
the text itself, in the chapters that Liu Xiaogan ascribes to the "Shu Zhuang Pai," chapters 17 to 27. Most of these chapters on the ideas of the Inner Chapters, but some of them concentrate on particular issues raised in particular chapters. For example, the author of Chapter 17, the Autumn Floods, elaborates on the
philosophy of perspective and overcoming boundaries that is discussed in the first chapter, Xiao Yao You. This chapter develops the ideas in several divergent directions: relativism, skepticism, pragmatism, and even a kind of absolutism. Which of these, if any, is the overall philosophical perspective is not easy to discern. The author of chapter 19, Da
Sheng, Mastering Life, takes up the theme of the cultivation of the wisdom of embodied skill that is introduced in chapter 3, Yang Sheng Zhu, The Principle of Nurturing Life. The author of chapter 18, Zhi Le, Utmost Happiness, and chapter 3, Yang Sheng Zhu, The Principle of Nurturing Life. The author of chapter 3, Yang Sheng Zhu, The Principle of Nurturing Life. The author of chapter 18, Zhi Le, Utmost Happiness, and chapter 3, Yang Sheng Zhu, The Principle of Nurturing Life.
meditative practice, that are explored in chapter 6, Da Zong Shi, The Vast Ancestral Teacher. The next group of interpreters have also become incorporated into the extant version of the text. They are the school of "Yangists," chapters 8 to 11, and
28 to 31. These thinkers appear to have been profoundly influenced by the Laozi, and also by the thought of the first and last of the Inner Chapters: "Wandering Beyond," and "Responding to Emperors and Kings." There are also possible signs of influence from Yang Zhu, whose concern was to protect and cultivate one's inner life-source. These
chapters combine the anarchistic ideals of a simple life close to nature that can be found in the Laozi with the practice of the nurturing of life in chapter 3, that leads to the "lasting out of one's natural years," becomes an emphasis on maintaining and protecting xing ming zhi qing "the
essentials of nature and life's command" in these later chapters. The third main group, whose interpretation has been preserved in the text itself, is the Syncretist school whose aim to is promote an ideal of mystical rulership, influenced by the major philosophical schools of the time, especially those that recommend a cultivation of
inner potency. They may or may not be exemplary of the so-called 'Huang-Lao' school. They scoured the earlier philosophies in order to extract what was valuable in their philosophies, the element of the dao that is to be found in each philosophies with the more
practical ones to create a more complete dao. The last chapter, Tian Xia, The World, considers several philosophy is here characterized as "vast," "vague," "outrageous," "extravagant," and "reckless"; he is also recognized for his encompassing modes of thought,
his lack of partisanship, and his recklessness is acknowledged to be harmless. Nevertheless, it is stated that he did not succeed in getting it all. Perhaps the most important of the pre-Qin thinkers to comment on Zhuangzi is Xunzi. In his "Dispelling Obsessions" chapter 33, he
considers several philosophical schools, mentions the corner of 'truth' that each has recognized, and then goes on to criticize them for failing to understand the larger picture. Xunzi mentions Zhuangzi by name, describes him as a philosopher who recognizes the value of nature and of following the tendencies of nature, but who thereby fails to
recognize the value of the human 'ren'. Indeed, Zhuangzi seems to be aware of this kind of objection, and even delights in it. He revels in knowing that he is one who wanders off into the distance, far from human concerns, one who is not bound by the guidelines. Perhaps in doing so he corroborates Xunzi's fears. Another text that reveals what might
be a development of Zhuangzi's philosophy is the Liezi. This is a philosophical treatise that clearly stands in the same tradition as the Zhuangzi, the Daoist adept, Liezi, to whom the text is attributed is said to have lived before Zhuangzi, the
text clearly dates from a later period, perhaps compiled as late as the Eastern Han, though in terms of linguistic style the material appears to date from around the Same period as Zhuangzi. The Liezi continues the line of philosophical thinking of the Xiao Yao You, and the Qiu Shui, taking up the themes of transcending boundaries, and even cosmic
realms, by spirit journeying. The leaving behind and overturning of human values is a theme that is repeated in this text, though again not without a certain paradoxical tension: after all, the purpose of such journeying and overturning of values is ultimately to enable us in some sense to live 'better' lives. While Zhuangzi's own philosophy exerted a
significant influence on the interpretation of Buddhism in China, the Liezi appears to provide a possible converse case of Mahayana Buddhist influence on the development of the early interpreters. His "relativistic" reading of the text has become the received
interpretation, and his own distinctive style of philosophical thinking has in this way become almost inseparable from that of Zhuangzi independently of Guo Xiang's reading is not easy to accomplish. His contribution and interpretation have already been discussed in the body of the entry (See sections above: The
Zhuangzitext, and Chapter 2: Qi Wu Lun (Discussion on Smoothing Things Out) ). The Sui dynasty scholar, Lu Deming, produced an invaluable glossary and philological commentary on the text, enabling later generations to benefit from his vast linguistic expertise. The Ming dynasty Buddhist poet and scholar, Han Shan, wrote a commentary on the
Zhuangzi from a Chan Buddhist perspective. In a similar vein, the Qing dynasty scholar, Collected and synthesized the work of previous generations of commentators
The scholarly work of Takeushi Yoshio in Japan has also been of considerable influence. Qian Mu is a twentieth century scholar who has exerted considerable efforts with regard to historical scholarship. Currently, in Taiwan, Chen Guying is the leading scholar and interpreter of Zhuangzi, and he uses his knowledge of western philosophy, particularly
western epistemology, cosmology, and metaphysics, to throw new light on this ancient text. In the west, probably the most important and influential scholar was A. C. Graham, whose pioneering work on this text, and on the later Mohist Canon, has laid the groundwork and set an extraordinarily high standard for future western philosophical
scholarship. Graham, following the reading of Guo Xiang, develops a relativistic reading based on a theory of the conventional nature of language, and he interprets Zhuangzi's own contribution as a form of "linguistic skepticism." Recently, there has been a
growth of interest in the aspects of Zhuangzi's philosophy that resonate with the Hellenistic school of Skepticism. This was proposed by Paul Kjellberg, and has been pursued by other scholars such as Lisa Raphals. 5. References and Further Reading Ames, Roger, ed. Wandering at Ease in the Zhuangzi. Albany: State University of New York Press,
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